

# CONSULTANT GYNAECOLOGY SERVICE - CHW

## POLICY AND PROCEDURE®

### DOCUMENT SUMMARY/KEY POINTS

- The Gynaecology Service is available to Inpatients and Emergency Department patients.
- Consultant will be contacted 24/7 via Business Hours and After Hours on-call rosters, located in CHW switchboard.
- Dr Milne, Dr Sivadas and Dr Skinner do NOT provide after-hours gynaecology consultation.
- Instructions are provided if a patient presents with (a) abdominal pain or vulvovaginal trauma, (b) prolonged heavy bleeding or (c) suspected foreign bodies.

### CHANGE SUMMARY

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### READ ACKNOWLEDGEMENT

- Clinical Medical and Nursing staff working in ED should be aware of this document.
- Clinical staff working in Wards and other clinical areas of the Hospital should be aware of this document.

This document reflects what is currently regarded as safe practice. However, as in any clinical situation, there may be factors which cannot be covered by a single set of guidelines. This document does not replace the need for the application of clinical judgement to each individual presentation.

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|------------------------|--|--|
| <b>Approved by:</b>    | SCHN Policy, Procedure & Guideline Committee |  |
| <b>Date Effective:</b> | 1 <sup>st</sup> December 2018                | <b>Review Period:</b> 3 years              |
| <b>Team Leader:</b>    | Department Head                              | <b>Area/Dept:</b> Adolescent Medicine Unit |

## 1 Introduction

The following protocols should be followed in relation to consulting the Gynaecology Service at The Children's Hospital at Westmead (CHW).

### **CHW Gynaecology Service**

The CHW Gynaecology Service aims to provide a multidisciplinary approach and encompass both surgical and medical aspects of management of adolescent and pre-pubertal patients. The Gynaecology Service is available to inpatients and Emergency Department patients.

A Gynaecology Clinic (located in the Department of Adolescent Medicine (DAM) currently runs 1- 2 Friday mornings per month. Dr Bronwyn Milne (Staff Specialist Adolescent Medicine ) and Dr Rachel Skinner (Adolescent Physician Adolescent Medicine , work with the following Gynaecologist - Dr Kim Matthews, Dr Jinny Foo, Dr Alex McRae and Dr Priya Sivadas in the Gynaecology Clinic.

## 2 Contacting Consultant Gynaecologists

### 2.1 Contact a Gynaecologist

| Contact who        | Contact via   | When to contact | Comment   |
|--------------------|---|-----------------|---|
| On call Consultant | <ul style="list-style-type: none"> <li>CHW Switch &amp; ask for the Consultant on call (in business hours and after hours rosters)</li> </ul> | 24 hours a day  | Switchboard has updated roster for Gynaecology cover, they will put you through to consultant |

## 3 Procedure

The following procedures should be followed if a patient presents with:

### 3.1 Abdominal pain or vulvovaginal trauma

- The patient is reviewed by the ED doctor (or ward treating physician) and then the surgical registrar is called. Then, if appropriate, discussion between the surgical registrar and the Consultant Gynaecologist should occur.
- Should the patient require admission, all routine admissions from the ED should proceed under the care of the Consultant Gynaecologist on call with the ED/Surgical Registrar On-call aware of the admission.

- IF the patient is over 14 years and surgery is required, if deemed appropriate (conditions that cannot be managed at children's hospital) transfer and treatment at Westmead Hospital may proceed if a Westmead Hospital Consultant is on-call.

### 3.2 Prolonged heavy bleeding or medical issues

- The **ED Registrar** (or ward treating physician) reviews and then, if appropriate, calls the Consultant Gynaecologist to discuss management.
- Admission, if required, should proceed as a joint admission (On call Gynaecologist/AMU Consultant on-call) with notification of both Gynaecology and Department Adolescent Medicine Consultant on-call.

### 3.3 Suspected foreign bodies

- The patient is reviewed by the ED doctor (or ward treating Physician) and then the **Surgical Registrar is called**. Then, if appropriate, discussion between the Surgical Registrar and the Consultant Gynaecologist should occur.

### 3.4 Inpatients

If an inpatient is needing a Gynaecologist review, the most appropriate team – medical or surgical - needs to be contacted via the registrar as per above guidelines. For patients admitted under the Gynaecologist – a notification to the DAM registrar to assist with any medical issues arising, is needed.

## 4 Patients assessed and needing follow up in Clinic

- If a Consultant deems that a patient needs follow up in Clinic, please advise Adolescent Medicine reception and / or CNC Adolescent Medicine Gynaecology Service of these details on [SCHN-chw-amu@health.nsw.gov.au](mailto:SCHN-chw-amu@health.nsw.gov.au)

#### Please include the following details:

- Name
- MRN
- Diagnosis and treatment
- Urgency of review
- Consultant patient discussed with

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