

Visiting hours

Between 10am to 8pm with a rest period during the day.
Parents/ Guardians can remain with the child as needed.

What to bring to the hospital

For Surgery

- Your child's blue book
- Your child's Medicare Card
- Any medications your child is taking
- X-rays, scans and results related to the admission
- Health Care Card
- Health Fund Card
- Dressing gown and slippers and pyjamas/ track pants and t-shirt for your child
- Toiletries
- Formula or feeding equipment
- Teddy/favourite toy/books

For Baby

- As above and
- Baby bottles
- Favourite toy
- Nappies
- Baby dummy or teat
- Baby formula

Parking

Charged at an hourly rate **or** \$17 flat rate if you do not remove your car during your stay. Parking machines accept 50c coins, gold coins and notes up to \$50. You can also use your credit card.

Traffic can be very heavy around the area so ensure you allow time to travel to the hospital and time to find a parking spot.

Sibling Care Cost

\$2 per child per hour.
9am - 3pm (Monday to Friday) 9am - 1pm (Saturday/Sunday)

Banking

24 hour multi-card ATMs are located on Level 2.

Chemist

8.30am - 5.30pm, Monday to Friday
(Closed weekends/public holidays)

Food and drinks

- Bear Bite, Level 1** (8am - 8pm, Monday to Friday)
(8.30am - 7.30pm, Saturday/Sunday)
- Bear Brasserie, Level 2** (7.30am - 7pm, Monday to Friday)
- Starbucks, Level 2** (6am - 11pm, Monday to Friday)
(7am - 10pm, Saturday)
(7.30am - 10pm, Sunday)

Television and telephone

Televisions are available for hire on the ward.
Calls can be made from the bedside phone.

Useful phone numbers

Switchboard	(02) 9845 0000
Admissions Booking Office	(02) 9845 2300
Bed Manager	(02) 9845 2687
Middleton Day Surgery	(02) 9845 2222
Pre-admission Clinic Nurse	(02) 9845 2530
Cardiac Pre-admission Nurse	(02) 9845 2329
Patient Enquiries	(02) 9845 3777
Patient Liaison Officer	(02) 9845 2684
Sibling Care	(02) 9845 3838
Parents Hostel	(02) 9845 2958
Parent Resource Centre	(02) 9845 0580
Ronald McDonald House	(02) 9845 0600

Please refer to the hospital website schn.health.nsw.gov.au for further information.

the children's hospital at Westmead



Corner Hawkesbury Road and Hainsworth Street
Locked Bag 4001 Westmead NSW 2145
Tel: (02) 9845 0000
schn.health.nsw.gov.au



the children's hospital at Westmead



Admission for Surgery

Guide for Families and Carers



Welcome to The Children's Hospital at Westmead

The hospital is located on the corner of Hawkesbury Road and Hainsworth Street in Westmead, near Parramatta in Sydney's west. The Children's Hospital at Westmead is next to Westmead Adults Hospital – they are two separate hospitals.



Prior to arrival

Three days prior to arrival, you will receive a text message from the hospital to your mobile phone number asking you to call and confirm your child's admission. It is important that you return the call as your child's surgery may be postponed if the admission is not confirmed. Please ensure your contact details are kept up to date.

Pre Admission Clinic (PAC)

If a PAC appointment has been made for your child, you must attend clinic or your child's surgery may be postponed. You will be notified by letter or phone call.

Your child will be seen by the anaesthetist, PAC nurse and complete any tests required prior to the surgery/procedure.

All Cardiac patients are required to attend Cardiac PAC.

Illness or contact with contagious illness

Please call the Pre-admission Clinic Nurse on **(02) 9845 2530** if your child becomes ill in the week prior to surgery or has contact with a contagious illness. It is best to have your child checked by their GP if you are unsure. Depending on the illness, your child's admission may need to be postponed until they are well.



Aspirin

Please check with your GP or the Pre-admission Nurse prior to giving Aspirin or Nurofen® to your child in the two weeks before surgery as it may cause bleeding. If your child has been prescribed these for their condition, please check with your child's surgeon/GP whether or not to stop these prior to surgery. Panadol® may be given for pain relief.

Siblings/other children

Please make alternate care arrangements for any other children as they are not permitted to accompany the child to Middleton Day Surgery. Exceptions are made for breastfeeding babies. Sibling Care which is available between 9am and 3pm (Monday to Friday) and 9am to 1pm (Saturday/Sunday) at a cost of \$2 per child per hour. Closed on Public Holidays.

The evening prior to surgery

On the evening prior to surgery, you will receive a call from a nurse who will give you fasting instructions and arrival time for surgery. The nurse will call between 3pm and 8pm. If you have not received a call by 5.30pm, please call **(02) 9845 2222**. You will need to be available for arrival between the hours of 7am and 3pm. Monday admissions will receive the call on the Friday prior to admission.

Where to go on the day of surgery

Surgical patients are admitted through Middleton Day Surgery located on Level 3, above the Emergency Department. When you come in the main entrance on Level 2, turn left and take the glass elevator to Level 3 and walk across the glass bridge.

Food and drink

Food and drinks are not permitted in the Middleton Waiting Room. This may help prevent a child who is fasting accidentally consuming food/drink prior to surgery.

Accompanying your child

A maximum of two adults can accompany the child. One adult can accompany the child into the Anaesthetic Room. You will be given a cap and gown to wear over your clothes. You can remain with your child until they are asleep.

Consultation

After admission, a nurse will weigh your child, take observations and place identity bands on your child's arm and leg. Your child can change into their pyjamas or hospital gown. The anaesthetist will confirm the procedure with you and check the consent for surgery. You can ask any questions you may have. Please inform staff if you or your child is feeling anxious so that staff can support you.

After surgery

Day surgery

Day surgery patients will remain in Middleton Ward and parents/carers will be directed to the Middleton Recovery Waiting Room. A nurse will call you when your child is in Recovery. Your child will be discharged when they are well enough to go home.

Day of Surgery Admission / Overnight Stay (DOSA):

If staying overnight, you will receive notification on your mobile phone when your child's surgery is complete.

Your child will be taken to Todman Recovery Ward on Level 3. A staff member will direct you to Todman Recovery Ward. A nurse will call you when your child is in Recovery. Your child will then be transferred to the ward where they will stay until they are well enough to go home.

There are tea rooms available for parents/carers on all wards. There are also laundry facilities available. Staff can direct you to these facilities. Please ask staff if you require assistance or any information whilst your child is on the ward.

On the Ward

One parent/carer can sleep next to the child in the ward, except in Intensive Care (ICU). If your child requires ICU, or a second parent/guardian is staying, you can book into the Parents Hostel on Level 2. There is a charge for the hostel. Please call the hostel in advance to book.

Please leave valuables such as jewellery and electronic devices at home. Keep your wallet/ handbag and mobile phone with you at all times. Your child will receive meals on the ward. Parents/Carers can purchase meals from the Bear Bite Café on Level 1 or the Bear Brassiere on Level 2.