Welcome to seventh edition of the GCNC Neuroprotective Newsletter for 2017. If you would like to contribute to the newsletter please contact: Nadine.griffiths@health.nsw.gov.au

NIDCAP Training Update
Please join us in welcoming Joy Browne back to GCNC, she will be completing two weeks of intensive training with Kim, Jane, Nicola, Catherine, and Nadine. Joy will also be presenting at the Susan Ryan Seminar on the 4th August.

Please wish all our trainees the best over these busy two weeks and keep an eye out for information relating to our journey to become a NIDCAP Training centre.

Parental Stress & Anxiety following discharge
The Smallest Things Charity released a 2017 report identifying:
- 63% of mother’s experience anxiety following discharge from the NICU
- 1/3 mothers feel isolated
- 44% have flashbacks to their time in the NICU

There is research being undertaken by staff in GCNC exploring parental stress in surgical neonates. Identifying how we can offer support that extends beyond discharge from the NICU should be considered a priority.

What do you think should we be doing to help prepare families for discharge?

Developmental Focus
A recent article found the use of both live & recorded maternal voice is associated with physiologic & behavioural stabilisation of preterm infants, with fewer cardiorespiratory events.

Considering how this can be applied within supportive dyads and linking to long term outcomes is identified as a priority in future research.


Social Media
Are you following us on Social Media we have both Facebook and Instagram pages where we provide updates on our work as a NIDCAP Training Centre and links to relevant neonatal news. Find us @NIDCAPAustralia

Upcoming Neuro-Developmental Education Opportunities
Are you interested in consolidating your neurodevelopmental knowledge and practices? The FINE Level One Program has vacancies on the following dates:
- 6th and 7th November (external to SCHN only fees apply)
- 27th and 28th November (internal to SCHN only)
Contact nadine.griffiths@health.nsw.gov.au for more information