

What to bring to the hospital

- Your child's blue book
- Your child's Medicare Card
- Any medications your child is taking
- X-rays, scans and results related to the admission
- Health Care Card
- Health Fund Card
- Dressing gown and slippers and pyjamas/track pants and t-shirt for your child
- Toiletries
- Formula or feeding equipment
- Teddy/favourite toy/books

For Baby

- As above and
- Baby bottles
- Favourite toy
- Nappies
- Baby dummy or teat
- Baby formula

If your circumstances change or you no longer wish to proceed with your child's admission, please call the Admissions Booking Office on **(02) 9845 2300**. Unfortunately sometimes, due to emergency admissions, your child's admission may have to be postponed until another bed is available. Patients in the Emergency Department receive priority for hospital beds.

Parking

Charged at an hourly rate **or** \$17 flat rate if you do not remove your car during your stay. Parking machines accept 50c coins, gold coins and notes up to \$50. You can also use your credit card.

Traffic can be very heavy around the area so ensure you allow time to travel to the hospital and time to find a parking spot.

Sibling Care Cost

\$2 per child per hour.

9am - 3pm (Monday to Friday) 9am - 1pm (Saturday/Sunday)

Banking

24 hour multi-card ATMs are located on Level 2.

Chemist

8.30am - 5.30pm, Monday to Friday
(Closed weekends/public holidays)

Food and drinks

Bear Bite, Level 1 (8am - 8pm, Monday to Friday)
(8.30am - 7.30pm, Saturday/Sunday)

Bear Brasserie, Level 2 (7.30am - 7pm, Monday to Friday)

Starbucks, Level 2 (6am - 11pm, Monday to Friday)
(7am - 10pm, Saturday)
(7.30am - 10pm, Sunday)

Television and telephone

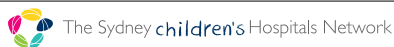
Televisions are available for hire on the ward.
Calls can be made from the bedside phone.

Useful phone numbers

Switchboard	(02) 9845 0000
Admissions Booking Office	(02) 9845 2300
Bed Manager	(02) 9845 2687
Middleton Day Surgery	(02) 9845 2222
Pre-admission Clinic Nurse	(02) 9845 2530
Cardiac Pre-admission Nurse	(02) 9845 2329
Patient Enquiries	(02) 9845 3777
Patient Liaison Officer	(02) 9845 2684
Sibling Care	(02) 9845 3838
Parents Hostel	(02) 9845 2958
Parent Resource Centre	(02) 9845 0580
Ronald McDonald House	(02) 9845 0600

Please refer to the hospital website schn.health.nsw.gov.au for further information.

the **children's** hospital at Westmead



Corner Hawkesbury Road and Hainsworth Street
Locked Bag 4001 Westmead NSW 2145
Tel: (02) 9845 0000
schn.health.nsw.gov.au



the **children's** hospital at Westmead



Admission for Medical Treatment

Guide for Families and Carers



Welcome to The Children's Hospital at Westmead

The hospital is located on the corner of Hawkesbury Road and Hainsworth Street in Westmead, near Parramatta in Sydney's west. The Children's Hospital at Westmead is next to Westmead Adults Hospital – they are two separate hospitals.



Admission to the hospital

Your child may require admission to the hospital for tests or for medical treatment.

Prior to arrival

Three days prior to arrival, you will receive a text message from the hospital to your mobile phone number asking you to call and confirm your child's admission. It is important that you return the call as your child's surgery may be postponed if the admission is not confirmed. Please ensure your contact details are kept up to date.

Illness or contact with contagious illness

Please call the Admissions Booking Office on **(02) 9845 2300** if your child becomes ill or has contact with a contagious illness prior to admission. Depending on the illness, your child's admission may need to be postponed until they are well.

Siblings/other children

Please make care arrangements for any other children whilst your child is in hospital. Your child is welcome to have siblings visit for a short time on the ward each day but your child requires rest and quiet in order to get better. Sibling Care is available between 9am and 3pm (Monday to Friday) and 9am to 1pm (Saturday/Sunday) at a cost of \$2 per child per hour. Closed on Public Holidays.

Where to go on the day of admission

When you come in the main entrance on Level 2, please proceed to the Information Desk situated opposite the main entrance. The Enquiry Clerk will notify the ward of your arrival and give you directions to your child's ward.

Turner Day Stay (TUDS)

Children having scans (MRI, CT, PET etc.), transfusion, infusions, treatment for medical conditions such as diabetes or other treatment that can be completed in one day may be admitted to Turner Day Stay Ward.

You will need to call the ward the day prior to admission to receive your arrival time and fasting instructions if required. Please call the ward on **(02) 9845 1161**.

Turner Care By Parent Ward (TUBP)

Some children being admitted for treatment require an overnight admission but can be looked after by a Parent/Carer. These children are admitted to TUBP ward.

Nursing staff are available between 7.30am and 5.30pm should assistance be required.

One Parent/Carer must sleep overnight with the child. Children cannot be left alone overnight. TUBP rooms are single rooms with a bed for both child and parent/carer. Meals are provided to both child and their parent/carer.

You should call the ward a week prior to admission to receive your arrival time. You can call the ward on **(02) 9845 1121**.

Admission to another ward

If your child is being admitted for more than one day and requires medical care throughout their stay, they will be admitted to one of the other wards. You should call the Bed Manager (the nurse that allocates beds on the wards) on the day of admission to receive your arrival time.

Please call **(02) 9845 2687** (Monday to Friday) or **(02) 9845 3777** on weekends and Public Holidays.

Length of stay

Your child may only be at the hospital for a day or may stay for a number of nights. Please consult your doctor about length of stay.

On the ward

After admission, a nurse will weigh your child, take observations and place identity bands on your child's arm and leg. Your child can change into their pyjamas or hospital gown.

No siblings are permitted to stay overnight. Exceptions are made for breastfeeding babies.

There are tea rooms available for parents/carers on all wards. There are also laundry facilities available. Staff can direct you to these facilities. Please ask staff if you require assistance or any information whilst your child is on the ward.

One parent/carer can sleep next to the child in the ward, except in Intensive Care (ICU). If your child requires ICU, or a second parent/guardian is staying, you can book into the Parents Hostel on Level 2. There is a charge for the hostel. Please call the hostel in advance to book.

Please leave valuables at home. Keep your wallet/handbag and mobile phone with you at all times. Your child will receive meals on the ward. Parents/Carers can purchase meals from the Bear Bite Café on Level 1 or the Bear Brassiere on Level 2.

Activities for children

If your child is well enough, they can visit the Starlight Room (playroom) or the Book Bunker (library). They can play outside in the playground or go for a walk with a parent/carer. Please inform nursing staff before leaving the ward.

Visiting hours

Between **10am to 8pm** with a rest period during the day. Parents/ Guardians can remain with the child as needed.

