

Recovery

Recovery times vary from child to child. Nursing staff will advise when your child can eat and drink. Nurses will monitor your child during this period of time.

Discharge

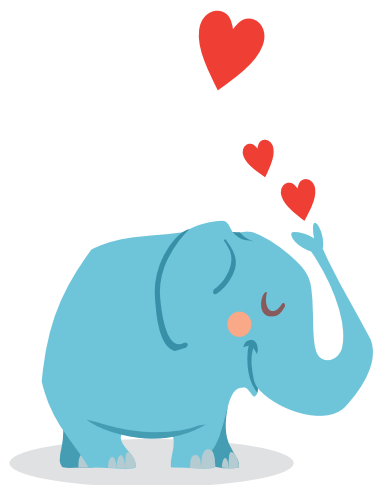
Your child will be discharged once they have recovered following anaesthetic. Depending on the procedure some patients will be sent home on the same day.

Follow up

Your child may need follow up after their procedure. An appointment will be arranged for your child to return if necessary. Some patients may need follow up with their general practitioner.

Pain relief

Your child may need some pain relief after going home. This will be discussed with you before discharge.



Check list

(to be completed by nurse/doctor)

Fast (no milk or food) after:

2.00am

6.00am

Other:

Allowed to have water or clear apple juice only until:

6.00am

Or:

Please arrive at:

Medical Day Unit

Short Stay Surgical Unit (C1SW)

If these fasting times are not followed then your child's operation may be cancelled/postponed.



The Sydney children's
Hospitals Network

High Street Randwick NSW 2031
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RAN3791/1016



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Hospitals Network



Unplanned procedure list

Information for parents and carers

Your child requires an unplanned procedure that needs an anaesthetic.
Children with life threatening conditions will be given priority.

Fasting

For anaesthetic safety, it is very important for your child to **not eat and drink before procedure** including formula/breast milk for infants. It is very important to follow the fasting instructions given, as failure to do so may result in delays or cancellations.

Fluid protocol

As a comfort measure, your child will be placed on **fluid protocol**. This is a clear fluid drink (either water or apple juice) and will be given every hour by nursing staff up until your child is called for theatre.

For safety and due to fasting requirements, the fluid protocol must be closely managed and therefore only administered by nursing staff.



Waiting time

We cannot tell you exactly how long the wait for the procedure will be. Your child will be waiting with patients on the scheduled surgery list. This runs separately to the unplanned procedure theatre list. Therefore these children may go for surgery before your child.

The wait time for patients on the unplanned procedure list will vary.

Please plan to be at the hospital for the day and make appropriate arrangements.

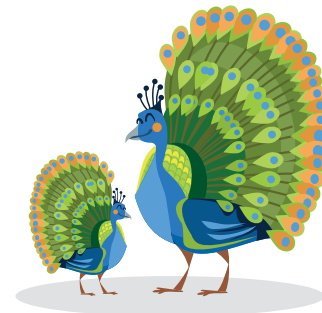
We understand that this may be a stressful time for you and your family. We will try our best to keep you informed of your child's progress.

There is a chance that due to other emergency situations your child's procedure will need to be postponed. If this happens it will be rescheduled for the next day.

The Patient Friend is available to discuss any feedback you might have, including compliments, complaints and suggestions. Please call the Patient Friend on (02) 9382 0680 or ask your nurse to arrange a visit.

While waiting, your child may be admitted to Short Stay Surgical Unit (C1SW).

If you are attending over the weekend, your child may need to be admitted to another ward.



Short Stay Surgical Unit (C1SW) has a waiting room with toys to allow your child to play and be comfortable while fasting. There is strictly NO eating or drinking in this area.

Child Life Therapy is also available to assist with distraction and procedure preparation (Monday – Friday 9am to 3pm).

The Starlight Express Room (on level 3) is open during the day and has many different activities to entertain your child.

Kitchen facilities are available for parents/carers.

Please alert nursing staff if your child requires pain relief while you are waiting.

Suggested items to bring

- Medicare card
- Activities for your child and yourself – such as favourite toy, books or electronic device
- Phone charger
- Your child's medication
- Nappies and specific food or formula (if allergies) for after the procedure

Contact numbers and directions

- Medical Day Unit: (02) 9382 1205
Level 1 North (C1North)
- Short Stay Surgical Unit (C1SW): (02) 9382 1447
Level 1 South West (C 1 South West)