



# **WESTERN PAEDIATRIC PHYSICIAN TRAINING NETWORK**



## General Information

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The Western Paediatric Physician Training Network offers an excellent opportunity to participate in a comprehensive and well established Basic Paediatric Physician Training (BPPT) program with exposure to a variety of well supported and supervised training and practice environments.

The Western Paediatric Physician Training Network is comprised of a number of health facilities:

### Metropolitan

- ✔ Blacktown/Mt Druitt Hospital
- ✔ Campbelltown Hospital
- ✔ Fairfield Hospital
- ✔ Hornsby Hospital
- ✔ Liverpool Hospital
- ✔ Nepean Hospital
- ✔ Westmead Hospital
- ✔ The Children's Hospital at Westmead

### Rural

- ✔ Bathurst Base Hospital
- ✔ Dubbo Base Hospital
- ✔ Orange Base Hospital

Excellent general paediatric training is available in each of these centres, with subspecialty exposure available at The Children's Hospital at Westmead in Cardiology, Child Development, Child Protection, Emergency, Endocrinology, Gastroenterology, Genetics, Haematology, Immunology, Infectious Diseases, Intensive Care, Neonatology, Nephrology, Neurology, Oncology, Respiratory and Rheumatology.

Neonatology terms are also available through Liverpool Hospital, Nepean Hospital, Royal North Shore and Westmead Adults Hospital.

Mandatory training will take place through rotations at the following:

- ✔ Disability Specialist Unit Burwood
- ✔ Fairfield Community
- ✔ Hornsby Child Development Unit

- 📍 Liverpool Hospital
- 📍 Royal Far West Manly

Terms may also be available at hospitals not directly within the Western Network if requested and approved.



## **Working Conditions**

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Trainees may be employed on a contract varying in length between 1 and 3 years depending on the stage of their training and current and future training requirements in order to fulfil career goals.

Flexible working conditions are available with the possibility of job share available.

Short term accommodation including on call rooms is available at most hospitals or within a short walking distance.

Further information regarding working conditions is available on request.



## **Leave Entitlements**

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### **Annual Leave**

Trainees are entitled to 4 weeks annual leave per year which needs to be requested in writing prior to the commencement of each Clinical Year. Unused leave is accrued to the following year and if mutually feasible, more than 4 weeks annual leave may be taken if available.

### **Study Leave**

Trainees are entitled to 2 weeks study leave each Clinical Year which needs to be requested in writing prior to the commencement of each Clinical Year. Study leave will be granted on a case by case basis and trainees undertaking the written and clinical exam will have priority. Leave will only be granted if it does not affect rostering or clinical services.



## **Rostering and Overtime**

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Rosters for each rotation are prepared on a term by term basis and are generally distributed at least 4 weeks prior to term change over.

All roster requests from trainees will be considered and the Junior Medical Units will do their best to accommodate all requests within reason.

All rostering is organised in accordance with the Junior Medical Officers (State) Award to ensure that working conditions are deemed to be safe and remuneration is paid correctly.



## **Hospital Information and Rotations**

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### **Bathurst Base Hospital**

Located in the Central Tablelands of New South Wales and less than 3 hours from Sydney, Bathurst is a growing city of over 35,000 people, with the newly constructed Base Hospital servicing a population of approximately 75,000 people.

Bathurst is Australia's oldest inland city with much to offer from historical and cultural perspectives.

The Paediatric Department is staffed by 3 full-time Staff Specialist Paediatricians and the Registrar is also supported by a dedicated paediatric RMO. There is a level 2 Neonatal Unit and the Paediatric Ward has a maximum capacity of 9 beds. The Paediatric Clinic runs adjacent to the inpatient facilities, providing ample opportunity for supervised Registrar Outpatient Clinics. Bathurst Base Hospital provides a true exposure to rural paediatrics within reasonable proximity to Sydney. There are

established links to Sydney University, The University of Western Sydney and the Children's Hospital Westmead.

## **Blacktown/Mt Druitt Hospitals**

Blacktown-Mt Druitt Health consists of two acute hospitals some 10kms apart under one administration in the Sydney West Area Health Service.

Inpatient paediatrics is confined to Mt Druitt Hospital where it has a busy Emergency Department and Children's ward.

There are approximately 10,000 paediatric presentations to the ED per annum and almost 3,000 admissions to the Children's ward.

The Paediatric Emergency area is completely separate from the Adult area and has 7 beds. Children here are seen by the ED staff, Paediatric Nurse Practitioners or Paediatric Residents. The Paediatric Registrars will usually see them after they have been initially assessed.

The only inpatient beds for paediatrics are at Mt Druitt Hospital. This is a 25-bed ward and takes patients presenting to the paediatric emergency at Mt Druitt plus those coming through the general emergency department at Blacktown.

Blacktown Hospital, some 10kms to the east of Mt Druitt has an obstetric unit with 3200 deliveries per annum. We attempt to deliver only babies 33 weeks gestation or greater. We currently provide CPAP (Research Protocol). We also provide pre transportation ventilation but transfer these babies to a tertiary unit.

At Blacktown Hospital there are approximately 5,000 paediatric presentations to the emergency department per annum. These children are seen by the emergency department staff and the paediatric registrars see them in consultation. Should any of these children need admission, the paediatric registrar will organise a bed for them in our sister hospital at Mt Druitt.

There is a mix of Visiting Medical Officers and Staff Specialists across both sites that provide supervision to approximately 11 Registrars/Career Medical Officers.

Both sites have contact with paediatric nursing outreach services.





## **Dubbo Hospital**

Located in the centre of NSW, under 5 hours drive west from Westmead, Dubbo is a service city with a population of approximately 40,000 people. The catchment population is in excess of 120,000 encompassing one third the area of NSW. Inpatient and outpatient care is delivered to children from remote areas such as

Cobar, Bourke and Brewarrina. Retrieval of patients from these areas to Dubbo and Sydney may be done with Air Ambulance, the Royal Flying Doctor Service (base in Dubbo) and NETS.

Dubbo Base Hospital is a teaching hospital of the University of Sydney and consequently 4 medical students are attached to each rotation for 9 weeks. Registrar and consultant teaching is undertaken weekly on Mondays and Grand Rounds from CHW is televised live from the Rural Clinical School.

Dubbo Base Hospital delivers approximately 1300 babies per year and has a busy 16 bed general paediatric unit as well as a level 2 Neonatal Unit with 6 beds. The hospital is staffed by 4 Staff Specialists, one VMO, three CHW registrars and one resident.

Dubbo is a city blessed with long summers, great food and wine, expansive parklands and a non stop calendar of events and festivals.

The rotation is that it exposes trainees to a wide variety of pathology, and challenges their procedural skills (such as maintaining babies on ventilation awaiting NETS), in a supported environment. The hospital provides a great opportunity to complete the mandatory rural component of the training with an indigenous health focus and an opportunity to attend the remote areas mentioned by plane.



## **Fairfield Hospital**

Fairfield Hospital, located in the suburbs of South Western Sydney, is a teaching hospital for the University of NSW, and an associate of the University of Western Sydney, Macarthur.

The hospital has a 12 bed Children's Ward and a Special Care Nursery with 8 cots. There are 1.5 Staff Specialists, 3 VMOs, 2 Registrars and 1 Resident.

The Emergency Department receives approximately 5000 paediatric presentations each year. The Maternity Unit has around 2000 deliveries annually.

There is a Paediatric Ambulatory Care service, which includes a Burns Clinic run in conjunction with the Burns Unit at the Children's Hospital at Westmead.

Fairfield has a Community Paediatrics service with a Community Paediatrician (0.5 FTE) and 1 Community Paediatric Registrar, usually an advanced trainee.

## **Liverpool Hospital**

Located 35 minutes from the centre of Sydney, Liverpool Hospital is a fast paced and actively growing teaching hospital which is continuously expanding to meet the growing population and healthcare demands in South East Sydney. The hospital will continue to undergo major expansion with the expectation that it will be the largest hospital in NSW within the next 10years.



Liverpool Hospital has a 25 bed Paediatric Ward, a Level 3 Neonatal Intensive Care Unit and a community health centre which are staffed by a total of 8 Staff Specialists, 4 VMO's, 8 Registrars and 4 Residents.

Training within the hospital including in house teaching is believed to be equal of any other program and cross-centre training is possible through actively maintained relationships with other Networks.

## Nepean Hospital

The Nepean Hospital is a teaching hospital of the University of Sydney situated 50km west of the Sydney CBD.

The Department of Paediatrics provides paediatric services to approximately 80,000 children and has a neonatal workload of over 3,500 deliveries per annum. In addition to general paediatrics, other areas of clinical and research interest include Immunology, Behavioural and Developmental paediatrics, Diabetes, paediatric Cardiology and Nephrology.

The Department is staffed by 11 paediatricians including 5 VMO's, 3 Clinical Academics and 3 Staff Specialists (General/ Nephrology, Emergency & Developmental medicine). A general paediatric clinical fellow, 7 paediatric Registrars and 3 Residents comprise the junior paediatric staff.

Nepean Hospital has a 24 bed Paediatric Ward, a level 3 Neonatal Intensive Care Unit and a 30 bed Post Natal Ward which includes a 4 cotted nursery.

The Department of Paediatrics is accredited by the Royal Australasian College of Physicians (RACP) and is currently a site for the RACP Fellowship clinical examinations.



## Orange Base Hospital

Orange is a modern city that has grown from its rich mining past. With a population of 38,000 people and with surrounding towns and villages, it supports a population of approximately 100,000 through its industrial, commercial and service resources.

Located 3.5hrs west of Sydney, Orange is a cultural city, blending historic buildings and streetscapes with cosmopolitan cafes, restaurants, theatres and galleries.

Orange Base Hospital has a paediatric unit and an obstetrics unit as well as a level 2 Neonatal Unit staffed by a total of 4 Staff Specialist General Paediatricians, 1 Paediatric Registrar, 1 GP Registrar and 1 RMO 1.

Orange Base Hospital provides a fantastic opportunity to complete the mandatory rural component of training within both the hospital setting and running your own supervised outpatient clinics. After hours on-call is shared between the registrars with flexibility to accommodate leave and study needs.

## **Westmead Hospital**

Westmead Hospital is a major teaching and tertiary referral hospital comprising of approximately 867 beds including 21 bed Intensive Care Unit, 7 bed Coronary Care Unit and 19 bed Neonatal Intensive Care Unit. The Emergency Department is a major trauma centre and sees approximately 38,000 patients annually.



There is a full range of sub-specialties in Medicine and Surgery, including



## **The Children's Hospital at Westmead**

The Children's Hospital at Westmead (CHW) is located in one of the fastest growing areas of Greater Sydney with a rapidly increasing young population. Located just outside of Sydney city, The Children's Hospital at Westmead is a stand-alone tertiary referral centre dedicated to paediatrics. The hospital is a modern, state of the art facility supporting urgent paediatric care as well as tertiary level inpatient and outpatient paediatric services in all disciplines of paediatric medicine and

paediatric surgery. Our community support programs and outreach services also reach a number of children over the wide geographic area of the state of New South Wales (NSW).

CHW is the largest paediatric Hospital in NSW. Admitting more than 30 000 patients annually, with more than 46 000 emergency visits and more than 800 000 outpatient visits per year, CHW is a great place to obtain your paediatric experience and training.

The Children's Hospital at Westmead is the paediatric trauma centre for the region. Also, the state Liver Transplant Unit, state Burns Unit, National Poisons Information Centre and other state and national services are located here.

The Hospital is staffed by an extremely diverse team of individuals. This diversity extends across all parts of the Hospital at every professional level, with staff bringing an enormous depth and breadth of experience and expertise that is dedicated and focussed on the care and welfare of children.



## Contact Information

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