



## Media Release

### Christmas Lights Help Brighten Sick Kids Lives

Make your Christmas lights shine brighter this year by giving back to sick kids at The Children's Hospital at Westmead and Sydney Children's Hospital, Randwick.

More than 150,000 children will walk through the doors at our hospitals every year. Some may only stay for a day or two, while for others the Hospital becomes their second home.

Christmas can be a difficult time for these patients and their families as many will not be able to go home and celebrate as they normally would.

By participating in Lights for Kids you are supporting these children during the hard times. While, at the same time ensuring these patients receive the best possible care by raising much needed funds.

Sydney Children's Hospitals Network Chief Executive Michael Brydon said Lights for Kids brings together all the best parts of Christmas – twinkling lights, family, and the joy of helping others.

“For many of our patients unfortunately the festive season is spent in hospital, this means they are not able to head out to look at Christmas lights with their families.

“This time of year is all about giving back and participating in Lights for Kids is the perfect way to support sick kids this Christmas.” Dr Brydon said.

Nicola Stokes, CEO at Sydney Children's Hospitals Foundation said, “Traditionally a light in the window would help light the way home. By lighting up your home and raising vital funds, you're helping sick kids in Hospital get the care they need, giving them hope that they will soon be home, where they belong.

“Everyone can get involved, if you can't light up your house this year, why not take your family to visit one of the Lights for Kids houses near you,” said Ms Stokes.

To find homes supporting the appeal in your area, or to register your home visit [lightsforkids.org.au](https://lightsforkids.org.au)

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